



Registration Form

Name _____

Email _____

Mail Address _____

City _____ State _____

Zip _____

Bus Phone _____

Cell _____

If you did not receive your EMDR Training from the EMDR Institute, please submit proof of completion of an EMDRIA Approved Basic Training.

Payment Information

\$US325 Postmarked by July 2, 2009

\$US375 Thereafter

Cancellation/Refund: Tuition refundable up to 15 days prior to workshop date less a processing fee of \$50. \$75 processing fee thereafter.

Check or money order payable to:

EMDR Institute
PO Box 750
Watsonville CA 95077 Fax: 831-761-1204

Credit Card Information:

AMEX MasterCard VISA Discovery

CC# _____

Expiration Date _____

HEALING THE HEART OF TRAUMA WITH EMDR AND EGO STATE THERAPY-CAROL FORGASH
Arlington Heights, IL-July 17-18, 2009

First

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HEALING THE HEART OF TRAUMA WITH EMDR AND EGO STATE THERAPY

ARLINGTON HEIGHTS, IL-JULY 17-18, 2009



EMDR Institute Inc
Advanced Clinical
Applications Workshop

HEALING THE HEART OF
TRAUMA WITH EMDR AND
EGO STATE THERAPY

CAROL FORGASH, LCSW

ARLINGTON HEIGHTS, IL
JULY 17-18, 2009

14 CE Credits

EMDR Institute maintains responsibility for
this program and its contents

EMDR Institute Inc
PO Box 750
Watsonville CA 95077
831-761-1040
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inst@emdr.com
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HEALING THE HEART OF TRAUMA WITH EMDR AND EGO STATE THERAPY

This workshop will present the cutting edge integration of EMDR and Ego State Therapy in the treatment of highly traumatized clients. A major focus will be the exploration and negotiation of the extensive preparation phase that is often required to build the therapeutic relationship prior to the actual trauma processing and desensitization phase.

Participants will be taught how to use EMDR treatment to help traumatized clients develop empathy for themselves, form appropriate internal and external boundaries, and acquire skills to promote healthy affect regulation. Having established these prerequisites, participants will learn how to use the EMDR processing and desensitization phase with trauma and its accompanying dissociative symptoms that some clients experience.

A critical aspect of this work is actively utilizing and understanding Ego State Therapy which is the use of individual, group and family therapy techniques for the resolution of conflicts between the inner parts of the self. This workshop will provide clear understanding of the theory as well as technical innovation and practical strategies and interventions for incorporating Ego State Therapy model with the EMDR Adaptive Information Processing model. The integration of these models allow both the therapist and the client to have a position of empathy and true understanding of the legacies of trauma, loss and attachment issues so that clients can resolve their critical issues and are able to develop and utilize a new blueprint for their lives.

This dynamic workshop will include lecture, experiential practice and case presentation.

WORKSHOP OBJECTIVES

- Understand the fundamentals of Ego State Theory and practice
- Integrate EMDR and Ego State Therapy in the treatment of trauma
- Evaluate the phased preparation work that precedes application of the EMDR protocol with challenging clients
- Develop specific stabilization strategies to help clients manage and reduce dissociative symptoms
- Acquire advanced techniques and interweaves that promote resolution with the EMDR AIP model

WORKSHOP AGENDA

Friday & Saturday-July 17-18, 2009

8:00-8:30am	Registration/Coffee Service
8:30-5:00pm	Workshop
12:00-1:30pm	Lunch Break (Lunch on own)

CONTINUING EDUCATION

14 CE Credits

Attendance at entire workshop is required to receive credit
APA: EMDR Institute, Inc. is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute, Inc maintains responsibility for this program and its contents.

NBCC: EMDR Institute, Inc is an approved provider through the National Board of Certified Counselors: NBCC Provider 5558.

RN: EMDR Institute, Inc is a provider approved by the California Board of Registered Nursing, Provider Number 9755.

IL SW: The State of Illinois Dept. of Financial and Professional Regulation recognizes EMDR Institute as a sponsor for continuing education under license number 159-000530. **IL MFT:** The State of Illinois Dept. of Financial and Professional Regulation recognizes EMDR Institute as a sponsor for continuing education under license number 168-000169.

EMDRIA: Application for EMDRIA credits is under review.

PRESENTER-CAROL FORGASH, LCSW

Carol Forgash, LCSW, is an internationally known lecturer on the integration of EMDR with Ego State Therapy and psychodynamic approaches for the treatment of complex PTSD and the multifaceted health issues of sexual abuse survivors. Ms Forgash has presented at EMDR and ISST-D conferences in North America, Europe and Asia. An EMDR Institute Facilitator and an EMDRIA Approved Consultant, she has presented a Master Class at the 2005 EMDRIA Conference and was the pre-conference speaker at the EMDR Europe annual conference in 2007. One of Ms Forgash's most important roles is President of EMDR HAP (Humanitarian Assistance Programs) Board.

She is co-author/editor of Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy (Springer, 2007). This is the first book to offer an integrative approach to successfully treat clients with severe trauma-related disorders. Ms Forgash has a private practice in Smithtown, NY, where she provides clinical and consultation services.

WORKSHOP REQUIREMENTS

Completion of an EMDRIA Approved Basic Training (Parts 1 & 2).

Current research is limited to the application of EMDR to trauma-related disorders.

This workshop is held in facilities in accordance with the Americans with Disabilities Act. Please notify hotel & EMDR Institute if special accommodations are required.

WORKSHOP LOCATION

Sheraton Chicago Northwest

3400 West Eulid Ave
Arlington Heights, IL 60005
847-394-2000