



Registration Form

Name _____

Email _____

Mail Address _____

City _____ State _____

Zip _____

Bus Phone _____

Cell _____

If you did not receive your EMDR Training from the EMDR Institute, please submit proof of completion of an EMDRIA Approved Basic Training.

Payment Information

\$US325 Postmarked by September 11, 2009

\$US375 Thereafter

Cancellation/Refund: Tuition refundable up to 15 days prior to workshop date less a processing fee of \$50. \$75 processing fee thereafter.

Check or money order payable to:

EMDR Institute
PO Box 750
Watsonville CA 95077 Fax: 831-761-1204

Credit Card Information:

AMEX MasterCard VISA Discovery

CC# _____

Expiration Date _____

STEP BY STEP-Ana Gomez, MC, LPC IL Sep 26-27, 2009

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PO Box 750
Watsonville CA 95077

STEP BY STEP: MAKING EMDR EFFECTIVE AND DEVELOPMENTALLY
APPROPRIATE FOR CHILDREN AND ADOLESCENTS
CHICAGO IL-SEPTEMBER 26-27, 2009



EMDR Institute Inc
Advanced Clinical
Applications Workshop

**STEP BY STEP: MAKING
EMDR EFFECTIVE AND
DEVELOPMENTALLY
APPROPRIATE FOR
CHILDREN AND
ADOLESCENTS**

ANA GOMEZ, MC, LPC

**CHICAGO, IL
SEPTEMBER 26-27, 2009**

14 CE Credits

EMDR Institute maintains responsibility for
this program and its contents

EMDR Institute Inc
PO Box 750
Watsonville CA 95077
831-761-1040
Fax: 831-761-1204
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www.emdr.com

STEP BY STEP: MAKING EMDR EFFECTIVE AND DEVELOPMENTALLY APPROPRIATE FOR CHILDREN AND ADOLESCENTS

This practical two-day advanced seminar will provide step by step strategies that will assist clinicians in following the EMDR principles and procedures while meeting the developmental needs of children and adolescents. Clinicians will learn how to make EMDR treatment successful and effective even with difficult and resistant clients. Case reviews and video clips of sessions will provide a very tangible and concrete experience.

WORKSHOP OBJECTIVES

- Develop case conceptualization skills and treatment plans based on the Adaptive Information Processing model (AIP)
- Develop effective strategies to work with caregivers in all phases
- Identify targets using developmentally appropriate floatback and mapping strategies
- Effectively prepare children and adolescents for EMDR treatment, including resources for stabilization and affect regulation as well as the use of RDI(Resource Development and Installation) and PAT(Positive Affect Tolerance) to strengthen the parent-child bond
- Use "The Skill Building Phase" and EMDR Games to administer the standard EMDR protocol even with difficult children and adolescents
- Work with dissociative symptoms, avoidance and resistance using story-telling and play therapy techniques as well as sand tray strategies within the context of the EMDR protocol
- Use of cognitive interweaves that are more suitable for children and teenagers

WORKSHOP AGENDA

Saturday & Sunday-September 26-27, 2009

| | |
|--------------|-----------------------------|
| 8:00-8:30am | Registration/Coffee Service |
| 8:30-5:00pm | Workshop |
| 12:00-1:30pm | Lunch Break (Lunch on own) |

WORKSHOP LOCATION

Sheraton Chicago NW Hotel
3400 Euclid Ave
Arlington Heights, IL 60005
847-394-2000

CONTINUING EDUCATION

14 CE Credits

Attendance at entire workshop is required to receive credit
APA: EMDR Institute, Inc. is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute, Inc maintains responsibility for this program and its contents.

NBCC; EMDR Institute, Inc is an approved provider through the National Board of Certified Counselors: NBCC Provider 5558.

RN: EMDR Institute, Inc is a provider approved by the California Board of Registered Nursing, Provider Number 9755.

BBS: For CA this workshop meets the qualifications for 14 hours of ce credit for MFTs and LCSWs. Approval #PCE270.

IL Social Workers: The State of Illinois Dept. of Financial and Professional Regulation recognizes EMDR Institute as a sponsor for continuing education under license number 159-000530. IL MFT: The State of Illinois Dept. of Financial and Professional Regulation recognizes EMDR Institute as a sponsor for continuing education under license number 168-000169.

EMDRiA: Application for EMDRiA credits is under review.

ANA GOMEZ, MC, LPC



Ana M Gomez, LPC, is a licensed professional counselor in private practice in the state of Arizona. She specializes in the treatment of children and adolescents with a history of abuse, trauma, and loss. She has served as a practicum instructor for the Educational Psychology Department at Northern Arizona University. She has been a presenter at the EMDRiA conferences and presents advanced workshops nationally on EMDR with children. Ms Gomez is the author of the Dark, Bad Day-Go Away, a children's book about trauma and EMDR and is the creator of The Thoughts Kit for Kids, a series of games and tools designed to make EMDR treatment developmentally appropriate for children.

WORKSHOP REQUIREMENTS

Completion of an EMDRiA Approved
Basic Training (Parts 1 & 2).

Current research is limited to the application
of EMDR to trauma-related disorders.

This workshop is held in facilities in accordance
with the Americans with Disabilities Act.

Please notify hotel & EMDR Institute if special
accommodations are required.