



## Registration Form

Name \_\_\_\_\_

Email \_\_\_\_\_

Mail Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_

Bus Phone \_\_\_\_\_

Cell \_\_\_\_\_

If you did not receive your EMDR Training from the EMDR Institute, please submit proof of completion of an EMDRIA Approved Basic Training.

### Payment Information

\$US325 Postmarked by July 17, 2009

\$US375 Thereafter

**Cancellation/Refund:** Tuition refundable up to 15 days prior to workshop date less a processing fee of \$50. \$75 processing fee thereafter.

#### Check or money order payable to:

EMDR Institute  
PO Box 750  
Watsonville CA 95077 Fax: 831-761-1204

#### Credit Card Information:

AMEX MasterCard VISA Discovery

CC# \_\_\_\_\_

Expiration Date \_\_\_\_\_

STEP BY STEP-Ana Gomez, MC, LPC OR Aug 1-2, 2009

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EMDR Institute Inc  
PO Box 750  
Watsonville CA 95077

STEP BY STEP: MAKING EMDR EFFECTIVE AND DEVELOPMENTALLY  
APPROPRIATE FOR CHILDREN AND ADOLESCENTS  
PORTLAND OR-AUGUST 1-2, 2009



EMDR Institute Inc  
Advanced Clinical  
Applications Workshop

STEP BY STEP: MAKING  
EMDR EFFECTIVE AND  
DEVELOPMENTALLY  
APPROPRIATE FOR  
CHILDREN AND  
ADOLESCENTS

ANA GOMEZ, MC, LPC

PORTLAND, OR  
AUGUST 1-2, 2009

14 CE Credits

EMDR Institute maintains responsibility for  
this program and its contents

EMDR Institute Inc  
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831-761-1040  
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[www.emdr.com](http://www.emdr.com)

## STEP BY STEP: MAKING EMDR EFFECTIVE AND DEVELOPMENTALLY APPROPRIATE FOR CHILDREN AND ADOLESCENTS

This practical two-day advanced seminar will provide step by step strategies that will assist clinicians in following the EMDR principles and procedures while meeting the developmental needs of children and adolescents. Clinicians will learn how to make EMDR treatment successful and effective even with difficult and resistant clients. Case reviews and video clips of sessions will provide a very tangible and concrete experience.

### WORKSHOP OBJECTIVES

- Develop case conceptualization skills and treatment plans based on the Adaptive Information Processing model (AIP)
- Develop effective strategies to work with caregivers in all phases
- Identify targets using developmentally appropriate floatback and mapping strategies
- Effectively prepare children and adolescents for EMDR treatment, including resources for stabilization and affect regulation as well as the use of RDI(Resource Development and Installation) and PAT(Positive Affect Tolerance) to strengthen the parent-child bond
- Use "The Skill Building Phase" and EMDR Games to administer the standard EMDR protocol even with difficult children and adolescents
- Work with dissociative symptoms, avoidance and resistance using story-telling and play therapy techniques as well as sand tray strategies within the context of the EMDR protocol
- Use of cognitive interweaves that are more suitable for children and teenagers

### WORKSHOP AGENDA

<b>Saturday &amp; Sunday-August 1-2, 2009</b>	
8:00-8:30am	Registration/Coffee Service
8:30-5:00pm	Workshop
12:00-1:30pm	Lunch Break (Lunch on own)

### WORKSHOP LOCATION

**Sheraton Portland Airport Hotel  
8235 Northeast Airport Way  
Portland, OR 97220  
503-281-2500**

### CONTINUING EDUCATION

#### 14 CE Credits

**Attendance at entire workshop is required to receive credit**  
**APA:** EMDR Institute, Inc. is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute, Inc maintains responsibility for this program and its contents.

**NBCC;** EMDR Institute, Inc is an approved provider through the National Board of Certified Counselors: NBCC Provider 5558.

**RN:** EMDR Institute, Inc is a provider approved by the California Board of Registered Nursing, Provider Number 9755.

**BBS:** For CA this workshop meets the qualifications for 14 hours of ce credit for MFTs and LCSWs. Approval #PCE270.

**EMDRIA:** Application for EMDRIA credits is under review.

### ANA GOMEZ, MC, LPC



Ana M Gomez, LPC, is a licensed professional counselor in private practice in the state of Arizona. She specializes in the treatment of children and adolescents with a history of abuse, trauma, and loss. She has served as a practicum instructor for the Educational Psychology Department at Northern Arizona University. She has been a presenter at the EMDRiA conferences and presents advanced workshops nationally on EMDR with children. Ms Gomez is the author of the Dark, Bad Day-Go Away, a children's book about trauma and EMDR and is the creator of The Thoughts Kit for Kids, a series of games and tools designed to make EMDR treatment developmentally appropriate for children.

### WORKSHOP REQUIREMENTS

Completion of an EMDRIA Approved  
Basic Training (Parts 1 & 2).

Current research is limited to the application  
of EMDR to trauma-related disorders.

This workshop is held in facilities in accordance  
with the Americans with Disabilities Act.

Please notify hotel & EMDR Institute if special  
accommodations are required.