



## Registration Form

Name \_\_\_\_\_

Email \_\_\_\_\_

Mail Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_

Bus Phone \_\_\_\_\_

Cell \_\_\_\_\_

If you did not receive your EMDR Training from the EMDR Institute, please submit proof of completion of an EMDRIA Approved Basic Training.

### Payment Information

\$US325 Postmarked by July 18

\$US375 Thereafter

**Cancellation/Refund:** Tuition refundable up to 15 days prior to workshop date less a processing fee of \$50. \$75 processing fee thereafter.

#### Check or money order payable to:

EMDR Institute  
PO Box 750  
Watsonville CA 95077 **Fax:** 831-761-1204

#### Credit Card Information:

AMEX MasterCard VISA Discover

CC# \_\_\_\_\_

Expiration Date \_\_\_\_\_

Using the EMDR AIP Model for Treating Adult Clients with Complex PTSD-Jim Knipe  
Omaha, NE-8/1-2/09

USING THE EMDR AIP MODEL FOR TREATING ADULT CLIENTS WITH COMPLEX PTSD  
OMAHA, NE August 1-2, 2009

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EMDR Institute Inc  
Advanced Clinical  
Applications Workshop

**USING THE EMDR AIP  
MODEL FOR TREATING  
ADULT CLIENTS WITH  
COMPLEX PTSD**

**JIM KNIPE, PhD**

**OMAHA, NE  
August 1-2, 2009**

**14 CE Credits**

EMDR Institute maintains responsibility for  
this program and its contents

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## EMDR FOR TREATING ADULT CLIENTS WITH COMPLEX PTSD

EMDR has had a profound positive impact on the lives of many clients and has been shown in more than seventeen published trials to be effective in the treatment of PTSD (Maxfield & Hyer, 2002). However, the *DSM IV* definition of PTSD is focused on the single traumatic incident, and many clients seeking relief in therapy have a damaging traumatic history that extended over repeated events or over long periods of time. The term, Complex PTSD (Herman, 1992, van der Kolk, 2005) has been proposed to describe a pattern of negative effects of prolonged and extreme stress, particularly during childhood.

The focus of this workshop is to describe a theoretical framework, and specific therapy “tools” which may be useful in providing effective therapy, within the EMDR Adaptive Information Processing Model, to individuals suffering with Complex PTSD. Important concepts and particular interventions will be illustrated through video examples and transcripts from therapy sessions.

Dr. Knipe will present methods for identifying and treating specific dissociative symptoms with accompanying evidence from available research or case studies. He will offer EMDR “tools” that can be used to make the healing power of EMDR more available to clients who are avoidant, and/or highly vulnerable to dissociative abreaction, chronic shame, and unrealistic idealization of self or of others.

He will discuss the primary characteristics of clients with Complex PTSD, including problems with disrupted attachment and inappropriate psychological defenses. He will illustrate how to identify various Ego-States and work with these within the Adaptive Information Processing Therapy Approach.

Time will be available for participants to discuss difficult EMDR cases.

## WORKSHOP OBJECTIVES

- Identify primary characteristics of clients presenting with dissociative symptoms
- Understand the origin of dissociative symptoms
- Enhance access to emotional safety and present reality with EMDR Resource Installation
- Integrate the 8 phases of EMDR for resolving disturbing memories
- Use of AIP Model to target and resolve psychological defenses

## WORKSHOP AGENDA

### Saturday & Sunday-August 1-2, 2009

8:00-8.30am	Registration/Coffee Service
8:30-5:00pm	Workshop
12:00-1:30pm	Lunch Break (Lunch on own)

## WORKSHOP LOCATION

**Hilton Omaha  
1001 Cass St  
Omaha, NE 68102  
402-998-3400**

## CONTINUING EDUCATION

### 14 CE Credits

**Attendance at entire workshop required to receive credit.**

**APA:** EMDR Institute, Inc. is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute, Inc maintains responsibility for this program and its contents.

**NBCC;** EMDR Institute, Inc is an approved provider through the National Board of Certified Counselors: NBCC Provider 5558.

**RN:** EMDR Institute, Inc is a provider approved by the California Board of Registered Nursing, Provider Number 9755.

**BBS:** For CA this workshop meets the qualifications for 14 hours of ce credit for MFTs and LCSWs. Approval #PCE270.

**EMDRIA:** 14 hours of EMDRIA Credits are approved by EMDRIA Credentialing Board. #99003

## PRESENTER-JIM KNIPE, PhD



Jim Knipe, PhD, has been a licensed psychologist in private practice in Colorado since 1976 and has been using EMDR since 1992. He has written chapters for [EMDR Casebook \(PManfield, 2002\)](#), [EMDR Solutions \(RShapiro, 2005\)](#), and [Healing the Heart of Trauma and Dissociation \(CForgash & MCopeley, 2007\)](#). These writings have described specific procedures that can be utilized to extend EMDR to clients who present with self-defeating psychological defenses and/or dissociative symptoms.

Dr. Knipe is an EMDR-HAP Trainer, an EMDRIA Approved Consultant and Instructor, and was designated a “Master Clinician” by EMDRIA in 2007. He has been an invited guest speaker at the 2006 and 2007 EMDRIA Annual Conferences, the 2006 and 2008 EMDR-Europe Annual Conferences, and national EMDR conferences in Denmark, The Netherlands, Turkey, and Japan. He has been involved with the EMDR Humanitarian Assistance Programs, serving on the Board of Directors and as Research and Training Director, and has also been involved in HAP programs in Oklahoma City, Turkey, New York (following 9/11), the Palestinian Territories, Sri Lanka and Indonesia. In addition, he is a co-author of published outcome research documenting the effects of EMDR with survivors of 9/11 and with those traumatized by the 1999 Marmara earthquake in Turkey.

## WORKSHOP REQUIREMENTS

Completion of an EMDRIA Approved Basic Training (Parts 1 & 2).

Current research is limited to the application of EMDR to trauma-related disorders.

This workshop is held in facilities in accordance with the Americans with Disabilities Act. Please notify hotel & EMDR Institute if special accommodations are required.