



ROGER SOLOMON, PHD

Dr. Roger Solomon is a psychologist and psychotherapist specializing in the areas of trauma and grief. He is on the Senior Faculty of the EMDR (Eye Movement Desensitization and Reprocessing) Institute and provides basic and advanced EMDR training internationally. He currently consults with the US Senate, NASA and several law enforcement agencies.

Dr. Solomon has provided clinical services and training to the FBI, Secret Service, U.S. State Department, Diplomatic Security, Bureau of Alcohol, Tobacco, and Firearms, U.S. Department of Justice (U.S. Attorneys), and numerous state and local law enforcement organizations.

Internationally, he consults with the Polizia di Stato in Italy. Moreover, Dr. Solomon has planned critical incident programs, provided training for peer support teams and has provided direct services following such tragedies as Hurricane Katrina, September 11 terrorist attacks, the loss of the Shuttle Columbia, and the Oklahoma City Bombing.

Dr. Solomon has expertise in complex trauma, and collaborates with Onno van der Hart, Ph.D., and others on utilization of EMDR as informed by The Structural Dissociation of the Personality (TDSP). He has authored 42 articles and book chapters pertaining to grief, trauma, complex trauma and dissociation, and law enforcement.

THE EMDR INSTITUTE OF DR FRANCINE SHAPIRO

FRIDAY, AUGUST 4, 2023
**EMDR THERAPY WITH
DEPRESSION**
PRESENTER: MICHAEL HASE, MD
(7 CE CREDITS)

SATURDAY, AUGUST 5, 2023
**ENHANCING EMDR THERAPY
OUTCOMES THROUGH THE
THERAPEUTIC RELATIONSHIP**
PRESENTERS:
**ROGER SOLOMON, PHD &
MICHAEL HASE, MD**
(7 CE CREDITS)

*Please note that when registering, these 2
workshops are being offered separately*

PRESENTED BY
WORLD-RENOWNED EXPERTS
ROGER SOLOMON, PHD
MICHAEL HASE, MD

Live, Interactive, Virtual Training
8:00AM-5:30PM
Central Time Zone

Workshops are live and will not be recorded



Register at
www.EMDR.com

(831) 761-1040
P.O. Box 750
Watsonville, CA 95077



MICHAEL HASE, MD

Dr. Michael Hase is a psychiatrist and psychotherapist based in Lüneburg, Germany, where he is in private practice and the director of the Lüneburg Center for Stress Medicine.

After his training in neurology and psychiatry, he worked as a senior physician at the Psychiatric Hospital in Lüneburg in Lower Saxony State where he established the treatment for psychotraumatology. He then headed departments for psychosomatic rehabilitation and psychotherapy in Hamburg and Bad Bevensen. He is the head physician of the rehabilitation clinic "Therapeutischer Hof Toppenstedt."

In addition to his expertise in psychotraumatology, he has researched and published on EMDR treatment of addiction, stress related disorders and depression. He lectures at national and international EMDR conferences and offers EMDR Basic trainings in Europe.

Together with Arne Hofmann he received the 2015 award by the EMDRIA Board of Directors for the research on EMDR in the treatment of depression. He is the author of numerous articles, book chapters, and co-author of *Treating Depression with EMDR Therapy: Techniques and Interventions (Springer Publications, 2023)*.

FRIDAY, AUGUST 4, 2023
7 CE CREDITS

EMDR THERAPY WITH DEPRESSION

PRESENTER: MICHAEL HASE, MD

COURSE DESCRIPTION

The workshop focuses on the treatment of chronic depression with EMDR Therapy.

Depression is a debilitating disorder that often leads results disability with depressed people having a high risk of committing suicide. Relapse is seen often and every relapse increases the risk of chronicity.

Research shows that there is no strong correlation between depression and genetic factors but there is with stressful life-events.

There is growing evidence of the efficacy of EMDR in the treatment of chronic depression. As EMDR is well tolerated and accepted, there is hope to gain another option in the treatment of chronic depression.

This workshop will introduce the research behind an AIP based view on chronic depression. The treatment protocol for chronic depression will be explained in detail. Video demonstrations will highlight the most important aspects and facilitate the transfer into clinical practice.

FRIDAY OBJECTIVES

Participant will be able to:

- Discuss updated information on the current status of depression treatment.
- Discuss the evidence base of EMDR therapy in depression treatment.
- Develop an AIP based view of chronic depression.
- Describe possible target memories in history taking.
- Implement an AIP based treatment plan.
- Utilize the EDEN Study manual as an EMDR therapy treatment plan for chronic depression.
- Utilize appropriate resourcing strategies.
- Integrate resourcing strategies into EMDR treatment.
- Apply skills for memory reprocessing in the depressed client.
- Implement the processing of present triggers in EMDR therapy of the depressed client.
- Apply the future template in EMDR therapy of the depressed client.

FRIDAY SCHEDULE

8:00-8:30 Check in

8:30-10:00: Update on chronic depression; errors and pitfalls in depression treatment.

Evidence on EMDR therapy in the treatment of chronic depression; an AIP-based view on chronic depression

10:00-10:15 Break

10:15-12:00 Getting started; Implications for phase 1 and 2; Resourcing in EMDR therapy depression Treatment

12:00-1:00 Lunch

1:00-2:30: The EMDR depression protocol: Reprocessing episode triggers and intrusive memories

2:30-2:45 Break

2:45-5:30: The EMDR depression protocol, continued: Reprocessing of belief system, Reprocessing of depressive states; Present Triggers and Future Template

SATURDAY, AUGUST 5, 2023
7 CE CREDITS

ENHANCING EMDR THERAPY OUTCOMES THROUGH THE THERAPEUTIC RELATIONSHIP

**PRESENTERS: ROGER SOLOMON, PHD
& MICHAEL HASE, MD**

COURSE DESCRIPTION

EMDR was introduced as EMD in 1987 as a treatment for PTSD and was developed into the comprehensive therapy approach named EMDR therapy over the course of time. Dr. Francine Shapiro obviously conceptualized the AIP Model not only as a model of inadequately processed memories but also as a model of positive experiences or resources, needed to reprocess the negative memories.

Interestingly Shapiro explicitly mentions the therapeutic relationship in her textbook, but refrains from describing the therapeutic relationship in EMDR therapy in more detail.

The therapeutic relationship should be described as a core element of EMDR therapy but differs from the therapeutic relationship in other psychotherapeutic approaches and seems to be related to the structure of EMDR therapy.

DESCRIPTION CONTINUED

As attachment theory offers a view on the development of interpersonal relationship in general, and an attachment theory-based perspective of the therapeutic relationship seems advisable.

In this workshop we will develop a framework to understand the basis and special nature of the therapeutic relationship in EMDR therapy. We will propose means to facilitate the development of therapeutic relationship and means to deepen it especially in attachment deficit clients. The concepts of attunement, sensitivity, and co-regulation will be discussed in relation to EMDR therapy.

Video demonstrations will highlight the most important aspects and facilitate the transfer into clinical practice. Implications for treatment, training and research will be discussed.

SATURDAY OBJECTIVES

Participant will be able to:

- Describe an attachment theory-based view on the AIP Model.
- Apply the attachment theory informed strategies when utilizing EMDR therapy updated on the current status of EMDR.
- Discuss the therapeutic relationship for containment.
- Apply memory reprocessing utilizing the concepts attunement in regard to EMDR therapy.
- Apply memory reprocessing utilizing the concepts sensitivity in regard to EMDR therapy.

OBJECTIVES CONTINUED

Participant will be able to:

- Discuss memory reprocessing utilizing the concepts co-regulation in regard to EMDR therapy.
- List 3 bilateral stimulation strategies to enhance reprocessing.
- List 3 appropriate resourcing strategies to facilitate the development of the therapeutic relationship in EMDR therapy.
- Describe the structural model of EMDR therapy to improve therapeutic action.
- Apply relational strategies to keep the client within the Window of Tolerance.

SATURDAY SCHEDULE

8:00-8:30 Check in

8:30-10:00: History and Evolution of EMDR therapy; Reflections on a structure in EMDR therapy; Attachment theory and the AIP Model

10:00-10:15 Break

10:15-12:00 Attachment theory and the AIP Model, continued

12:00-1:00 Lunch

1:00-2:30 Sensitive behavior and the therapeutic relationship in EMDR therapy; Using therapeutic presence during memory reprocessing

2:30-2:45: Break

2:45-5:30 The structure in EMDR therapy; Attachment related EMDR therapy resourcing strategies

REGISTRATION GUIDANCE

Must be EMDR trained. Please note that when registering, these 2 workshops are being offered separately and may be taken separately or together.

REQUIREMENTS

Completion of an EMDRIA Approved Basic Training. If you did not receive your EMDR Basic Training from the EMDR Institute, please submit proof of completion (certificate of completion) of an EMDRIA Approved Basic Training to registration@emdr.com.

PLEASE NOTE

- This event is live and will not be recorded
- Zoom links and training resources will be sent to registered participants the week of training
- 7 CE Credits / certificate will be issued upon successful completion of quiz following each workshop
- Attendance is mandatory for CE Credits

RESEARCH

Current research is limited to the application of EMDR to trauma-related disorders.

CONTINUING EDUCATION

NBCC: EMDR Institute has been approved by NBCC as an approved ACE Provider, ACEP #5558. Programs that do not qualify for NBCC credit are clearly identified. EMDR Institute is solely responsible for all aspects of the program. *Friday, Saturday: 7 contact hours each.*

APA: EMDR Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. EMDR Institute maintains responsibility for these programs and their contents. *Friday, Saturday: 7 contact hours each.*

RN: EMDR Institute, Inc. is a provider approved by the California Board of Registered Nursing. Provider #9755 for 14 contact hours. *Friday, Saturday: 7 contact hours each.*

NYSW: EMDR Institute is recognized by the NY State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0125. Approval period: 4/30/21-4/30/24. *Friday, Saturday: 7 contact hours each.*

EMDR International Association: EMDR Institute, Inc. offers an EMDRIA approved training. *Friday: xxxxx-xxx; Saturday: xxxxx-xxx. 7 contact hours each.*

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FEES

Please note that when registering, these 2 workshops are being offered separately; fees apply to each day's workshop

- US \$175 - Register **by** July 14, 2023
- US \$225 - Register **after** July 14, 2023
- Nonprofit/Intern: \$40 discount

CANCELLATION POLICY

- *Before July 14:* Tuition refundable minus a processing fee of \$50
- *After date above:* No refunds



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