

COURSE DESCRIPTION

This workshop will focus on integrating EMDR therapy into the treatment of grief and mourning. The death of a loved one can be a time of unparalleled distress and adaptation to the loss can be very challenging. Even when uncomplicated, bereavement can result in significant psychological, behavioral, social, physical, and economic consequences (Osterweis, Solomon, & Green, 1984; Solomon & Rando, 2007, 2012, 2015). EMDR therapy can be integrated into the treatment of grief and mourning to process the distressing memories and present triggers that complicate the bereavement and enable the mourner to assimilate and accommodate the loss.

Attachment theory increases our understanding of complicated grief and mourning and explains individual differences. Research has shown that attachment style is an important determinant of how one grieves. The loss of a significant person in adulthood can evoke many of the same feelings and responses that accompanied separation from an attachment figure during childhood (Kosminsky & Jordan, 2016). Consequently, understanding attachment theory can guide the EMDR clinician in identification and treatment of the maladaptively stored information complicating the grief.

This presentation will discuss grief and mourning, the processes the mourner has to go through for adaptive assimilation and accommodation of the loss, factors that can complicate bereavement, and how EMDR can be integrated into an overall treatment plan. Attachment theory and other models of grief will be presented that can inform EMDR therapy. Heavy emphasis is placed throughout the workshop on the analysis of the clinical material. Videotapes of EMDR sessions will be used to illustrate the application of EMDR to the grief and mourning of traumatic bereavement as well as to demonstrate the "art" of EMDR. Case presentations and live demonstrations are utilized.

THE EMDR INSTITUTE OF DR. FRANCINE SHAPIRO

ADVANCED SPECIALTY APPLICATION WORKSHOP

UTILIZATION OF EMDR THERAPY^{WITH} GRIEF^{AND} MOURNING

PRESENTED BY
WORLD-RENOWNED EMDR EXPERT
ROGER SOLOMON, PHD

Live
Interactive
Virtual Training
November 17-18, 2023
Mountain Time Zone

14 CE Credits



Register at
www.EMDR.com

(831) 761-1040
P.O. Box 750
Watsonville, CA 95077



ROGER SOLOMON, PHD

Dr Roger Solomon is a clinical psychologist specializing in the areas of trauma and grief. He has been a Senior Faculty member with the EMDR Institute since 1993, and was trained by Francine Shapiro, PhD, the founder of EMDR therapy and the EMDR Institute. He teaches the EMDR Institute basic training internationally and has developed and presents advanced workshops on EMDR and grief, complex and acute trauma, psychological first aid, and working with first responders.

Recently he taught workshops on the utilization of EMDR with complex trauma and grief in Israel. He regularly consults with the US Senate, providing direct services through the Senate Employee Assistance Program. He has authored or co-authored 41 articles and book chapters pertaining to EMDR, trauma, grief, acute trauma and law enforcement stress. He has co-authored and co-presented with Onno van der Hart, PhD, and Ellert R. S. Nijenhuis PhD, on the utilization of EMDR therapy with complex trauma.

See www.emdr.com for CE credit details

*EMDR Institute maintains responsibility
for this program and its contents*

*There is no known commercial support
for this program.*

LEARNING OBJECTIVES

- Describe grief and 3 responses to it.
- Describe grief versus mourning.
- Describe 5 factors that complicate the grief
- Describe 5 personality variables involved in the attachment styles.
- List 3 attachment styles.
- Describe 2 secondary strategies in the grieving process.
- Identify the processes necessary for assimilation and accommodation of loss
- Describe Loss Orientation versus Restoration Orientation
- Describe attachment theory and its relation to grief and mourning
- List the 6 "R" processes of mourning.
- List 3 symptoms of complicated grief disorder.
- Discuss the 8 phases of EMDR therapy as it relates to the grieving process.
- Describe how to integrate EMDR therapy into a treatment framework for grief and loss.
- Utilize EMDR therapy for treating grief and loss.

TEACHING METHODS

- Lecture
- Live demonstrations 1-2 per day
- Video demonstrations

REQUIREMENTS

Completion of an EMDRIA Approved Basic Training. If you did not receive your EMDR Basic Training from the EMDR Institute, please submit proof of completion (certificate) of an EMDRIA Approved Basic Training.

INTENDED AUDIENCE

This workshop is for mental health professionals who are trained in EMDR and have completed an EMDRIA approved EMDR Basic Training.

RESEARCH

Current research is limited to the application of EMDR to trauma-related disorders.

CONTINUING EDUCATION

NBCC: EMDR Institute has been approved by NBCC as an approved ACE Provider, ACEP #5558. Programs that do not qualify for NBCC credit are clearly identified. EMDR Institute is solely responsible for all aspects of the program.

APA: EMDR Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. EMDR Institute maintains responsibility for these programs and their contents.

RN: EMDR Institute, Inc. is a provider approved by the California Board of Registered Nursing. Provider #9755 for 14 contact hours.

NYSW: EMDR Institute is recognized by the NY State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0125. Approval period: 4/30/21-4/30/24. 14 contact hours.

EMDR International Association: EMDR Institute, Inc. offers an EMDRIA approved training, #99003-___.

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AGENDA

Friday & Saturday, November 17-18, 2023
8-8:30am Registration
8:30-5pm Workshop
12-1pm Lunch Break
(presented in the Mountain Time Zone)
*Attendance at the entire training
is required for CE credit*
Event will not be recorded

FEES

- Early Bird \$325 until October 27, 2023
- After October 27, 2023 - \$400
- Nonprofit and intern discount: \$50
- Fees apply for registration changes
 - 21+ days prior - full refund
 - 1-20 days prior - refund less \$50
 - day of/no show - refund less \$75



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