



ROGER SOLOMON, PHD

Dr. Roger Solomon is a psychologist and psychotherapist specializing in the areas of trauma and grief. He is on the Senior Faculty of the EMDR (Eye Movement Desensitization and Reprocessing) Institute and provides basic and advanced EMDR training internationally. He currently consults with the US Senate, NASA and several law enforcement agencies.

Dr. Solomon has provided clinical services and training to the FBI, Secret Service, U.S. State Department, Diplomatic Security, Bureau of Alcohol, Tobacco, and Firearms, U.S. Department of Justice (U.S. Attorneys), and numerous state and local law enforcement organizations.

Internationally, he consults with the Polizia di Stato in Italy. Moreover, Dr. Solomon has planned critical incident programs, provided training for peer support teams and has provided direct services following such tragedies as Hurricane Katrina, September 11 terrorist attacks, the loss of the Shuttle Columbia, and the Oklahoma City Bombing.

Dr. Solomon has expertise in complex trauma, and collaborates with Onno van der Hart, Ph.D., and others on utilization of EMDR as informed by The Structural Dissociation of the Personality (TDSP). He has authored 42 articles and book chapters pertaining to grief, trauma, complex trauma and dissociation, and law enforcement.

THE EMDR INSTITUTE OF DR FRANCINE SHAPIRO

FRIDAY, AUGUST 23, 2024

TREATING COMPLEX TRAUMA: AN INTRODUCTION (7 CE CREDITS)

SATURDAY & SUNDAY, AUGUST 24-25, 2024

CHALLENGES IN PHASE- ORIENTED TREATMENT FOR PATIENTS WITH COMPLEX DISSOCIATIVE SYMPTOMS (14 CE CREDITS)

Please note that when registering, these 2 workshops are being offered separately

**PRESENTED BY
WORLD-RENOUNDED EXPERTS
ROGER SOLOMON, PHD
SUZETTE BOON, PHD**

**Live, Interactive, Virtual Training
8:00AM-5:00PM
Central Time Zone**

This event is live and will not be recorded



**Register at
www.EMDR.com**

(831) 761-1040
P.O. Box 750
Watsonville, CA 95077



SUZETTE BOON, PHD

Dr. Suzette A. Boon is a clinical psychologist, and psychotherapist specializing in the treatment of chronic traumatization and dissociative disorders. She translated and validated the Dutch version of the Structured Clinical Interview for DSM-IV Dissociative Disorders (SCID-D) and received a PhD for her thesis "Multiple Personality Disorder in the Netherlands" in 1993.

She has published several books, book chapters and many articles both on diagnosis as well as treatment of dissociative disorders. She has developed a skills training manual for patients with a complex dissociative disorder. The English language version of this manual, "Coping with Trauma-Related Dissociation" with Kathy Steele, MN, CS, and Onno van der Hart, PhD, was published in March 2011 (Norton publishers).

She has developed a new semi-structured interview to assess complex dissociative disorders and trauma related symptoms: the Trauma and Dissociation Symptoms Interview (TADS-I). She is co-author of the book "Treating Trauma-Related Dissociation: A Practical, Integrative Approach" (Steele, Boon & Van der Hart, 2017, Norton) that won the Pierre Janet writing award of ISSTD in 2017.

She is currently working in private practice, is a trainer and supervisor, and teaches in many different countries. She is co-founder and was the first president of the European Society for Trauma and Dissociation (ESTD). The International Society for the Study of Trauma and Dissociation (ISSTD) granted her the David Caul Memorial Award in 1993, the Morton Prince Award in 1994, the President's Award of Distinction, and the Status of Fellow in 1995 for her contributions to diagnosis, treatment, research and education in the field of dissociative disorders.

REGISTRATION GUIDANCE

Must be EMDR trained. Already skilled in treating complex trauma? Then register for Saturday & Sunday's workshop (14 CEs). If you'd like to refresh your skills in complex trauma, be sure to register for Friday's workshop (7 CEs) -- with or without the 2-day workshop on Saturday & Sunday. Please note that when registering, these 2 workshops are being offered separately.

REQUIREMENTS

Completion of an EMDRIA Approved Basic Training. If you did not receive your EMDR Basic Training from the EMDR Institute, please submit proof of completion (certificate of completion) of an EMDRIA Approved Basic Training to registration@emdr.com.

COURSE DESCRIPTION

It is important that EMDR therapists be knowledgeable about dissociative symptoms and the clinical phenomena that accompanies such disorders. Challenging treatment issues can arise with clients with complex trauma and dissociative symptoms that impede treatment. This workshop will focus on assessment of complex trauma / dissociative symptoms and treatment of the complications that can occur. Friday's workshop is intended for participants with little or no background in complex trauma and EMDR, which will help participants get the most out of Saturday and Sunday involving assessment and treatment.

FRIDAY 8/23/2024
7 CE CREDITS

TREATING COMPLEX TRAUMA: INTRODUCTION

TAUGHT BY ROGER SOLOMON

OVERVIEW

Friday, Dr. Solomon will present the Theory of Structural Dissociation of the Personality and integration of EMDR therapy. This background information will enable participants with little background in dissociation (or who want a review) to get the most for Saturday and Sunday focusing on assessment and dealing with therapeutic challenges. For therapists who have some background/experience on dissociation and complex trauma, Saturday will focus on assessment and differential diagnosis and Sunday will focus on dealing with treatment challenges and how EMDR therapy can be integrated within an overall treatment plan. Teaching points will be illustrated by videos of client sessions.

FRIDAY: ABSTRACT

Review of Complex Trauma & Dissociation

Severe trauma (abuse and neglect) may result in a division of the personality into dissociative parts. Each part has its own sense of self. One (or more) parts mainly operate in everyday living (Apparently Normal Part or ANP). Other parts live in "trauma time" and are stuck in the unbearable threat experienced during the trauma (Emotional Parts or EP). Often there exists a phobic avoidance between the daily living part (ANP), and the emotional parts (EP) that hold the traumatic memories. Treatment needs to proceed according to a Phase Oriented approach of Stabilization, Memory Work, and Personality (re)Integration. EMDR therapy integrates within a phase-oriented approach. The Theory of Structural Dissociation of the Personality, working with parts, and utilization of EMDR therapy (including modifications specific to this population) will be reviewed.

FRIDAY: OBJECTIVES

Participants will be able to:

- Describe dissociation as the division of the personality into parts, each having its own sense self
- Describe the Apparently Normal Part(s) of the personality and Emotional Part(s) of the personality
- Discuss the Dissociative Table Technique/Meeting Place
- Implement modifications of the EMDR Standard Protocol appropriate for clients with complex trauma and dissociative symptoms
- Implement a discussion with clients regarding which parts can be present or not present for memory processing
- Describe criteria for EMDR memory processing

FRIDAY: SCHEDULE

8:00-8:30 Check in
8:30-10:00 Introduction to Complex Trauma and Dissociation
Theory of Structural Dissociation of the Personality; videos will illustrate clinical phenomena
10:00-10:15 Break
10:15-12:00 Theory of Structural Dissociation of the Personality continued; Phase Oriented Treatment: Stabilization, Memory Work, Personality (re)Integration
12:00-1:00 Lunch
1:00-2:30 EMDR Therapy
2:30-2:45 Break
4:00-5:00 EMDR therapy continued, summary and wrap up
5:00 End



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SATURDAY & SUNDAY 8/24-25/2024
14 CE CREDITS

CHALLENGES IN PHASE- **ORIENTED TREATMENT** FOR **PATIENTS** WITH **COMPLEX** **DISSOCIATIVE SYMPTOMS**

TAUGHT BY ROGER SOLOMON & SUZETTE BOON

SAT/SUN: ABSTRACT

Assessment issues and dealing with treatment challenges

Early and chronic childhood abuse such as physical abuse, sexual abuse and emotional neglect may result in trauma related distress and dissociation. Dissociative symptoms and disorders are not easy to recognize however for the following reasons:

- Patients generally do not present with dissociative symptoms but have a tendency to hide or avoid the underlying issues
- There is a lot of overlap in symptoms with other disorders such as personality disorders
- There are different opinions on the concept of dissociation and what dissociative symptoms actually are
- Clinicians do not receive systematic education with regard to diagnosis and treatment of dissociative symptoms
- There is an ongoing polarized debate about the existence of dissociative identity disorder (DID) as a reliable and valid diagnosis.
- This workshop will help clinicians to recognize pathological dissociative symptoms and assess the presence of a dissociative disorder.

SAT/SUN: ABSTRACT

(continued)

After assessment and case formulation, the first treatment phase stresses the need for careful pacing and regulation of arousal as many of these patients are phobic for therapy and the therapist, are prone to regulatory difficulties and lack essential life skills. It can be a challenging task to obtain a working alliance with patients with a dissociative disorder as many of these patients also have severe attachment problems. Angry, aggressive and self-destructive parts often dysregulate the therapeutic relationship as a way to protect the patient. Needy patients may put the therapeutic relationship under enormous pressure when the therapist feels the need to rescue.

But the treatment of these patients has many more challenges:

- What do we do when none of our stabilizing techniques work?
- What do we do when a patient is dissociating all session?
- What do we do when a patient starts hurting herself in session?
- What do we do when we find out during treatment that abuse is still going on?
- How do we know that we have done enough stabilizing work to make the decision to transition to the treatment of traumatic memories?
- How and where do we start with EMDR memory processing?

SAT/SUN: OBJECTIVES

Participant will be able to:

- Discuss the criteria for dissociative disorder and be able to explain possible complications in the therapeutic relationship
- Make a distinction between more general alterations of consciousness and symptoms indicating a division of the personality
- Make a distinction between alterations of consciousness that do not indicate a division of the personality
- Explain the spectrum of dissociative symptoms
- Describe the conceptual difference between ego states, modes, and dissociative parts
- Describe the levels of structural dissociation of the personality
- Describe the three phases of phase-oriented treatment
- Describe when to work on stabilization of the client
- Describe the pitfalls in therapy with patients with complex dissociative symptoms
- Implement treatment strategies for working with perpetrator imitating parts
- Recognize contraindications to memory work
- Identify strategies for working with shame

SAT/SUN: SCHEDULE

SATURDAY

8:00-8:30 Check in

8:30-10:00 Assessment of Dissociative Symptoms

Videos will illustrate clinical phenomena and diagnostic criteria.

10:00-10:15 Break

10:15-12:00 Assessment, continued

12:00-1:00 Lunch

1:00-2:30 Assessment, differences between dissociative disorders and other diagnostic categories

2:30-2:45 Break

2:45-4:15 Dealing with therapeutic challenges; Getting a working alliance with dissociative patients; Managing the therapeutic relationship
4:15-5:00 Summary and discussion

SUNDAY

8:00-8:30 Check in

8:30-10:00 Dealing with therapeutic challenges, continued, Working with hostile, aggressive parts; Working with Needy Parts; Challenges in stabilization

10:00-10:15 Break

10:15-12:00 Dealing with therapeutic challenges, continued; Utilization of EMDR therapy and EMDR elements to enhance integrative capacity

12:00-1:00 Lunch

1:00-2:30 Utilization of EMDR therapy continued
Memory processing; Video tape presentation and discussion

2:30-2:45 Break

2:45-4:15 EMDR therapy, video tapes of sessions, continued

4:15-5:00 Summary and discussion

CONTINUING EDUCATION

NBCC: EMDR Institute has been approved by NBCC as an approved ACE Provider, ACEP #5558. Programs that do not qualify for NBCC credit are clearly identified. EMDR Institute is solely responsible for all aspects of the program. Friday: 7 contact hours; Saturday & Sunday 14 contact hours.

APA: EMDR Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. EMDR Institute maintains responsibility for these programs and their contents. Friday: 7 contact hours; Saturday & Sunday 14 contact hours
RN: EMDR Institute, Inc. is a provider approved by the California Board of Registered Nursing. Provider #9755 for 14 contact hours. Friday: 7 contact hours; Saturday & Sunday 14 contact hours.

NYSW: EMDR Institute is recognized by the NY State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0125. Approval period: 4/30/21-4/30/24. Friday: 7 contact hours; Saturday & Sunday 14 contact hours.

EMDR International Association: EMDR Institute, Inc. offers an EMDRIA approved training. Friday: 99003-153; Saturday & Sunday: 99003-154

RESEARCH

Current research is limited to the application of EMDR to trauma-related disorders.

EMDR Institute maintains responsibility for this program and its contents.

There is no known commercial support for this program.

FRIDAY 8/23/2024

7 CE CREDITS

TREATING COMPLEX TRAUMA: INTRODUCTION

SATURDAY & SUNDAY

SATURDAY & SUNDAY 8/24-25/2024

14 CE CREDITS

CHALLENGES IN PHASE-ORIENTED TREATMENT WITH PATIENTS FOR COMPLEX DISSOCIATIVE SYMPTOMS

FRIDAY: FEES

- US \$175 - Register by August 2
- US \$225 - Register after August 2
- Nonprofit/Intern: \$40 discount

SATURDAY/SUNDAY: FEES

- US \$350 - Register by August 2
- US \$425 - Register after August 2
- Nonprofit/Intern: \$50 discount

CANCELLATION POLICY

- 21+ days prior - transfer or full refund
- 1-20 days prior - transfer or refund; \$50 fee
- Day of / no show - transfer only; \$75 fee

PLEASE NOTE

- This event is live and will not be recorded
- Zoom links and training resources will be sent to registered participants the week of training
- 7 and/or 14 CE Credits / certificate will be issued upon successful completion of quiz following training
- Attendance is mandatory for CE Credits

CONTACT US

- Registration: HeidiHarris@emdr.com
- Training Resources, Quiz/CEU certificate: PamHudson@emdr.com
- Phone: 831.761.1040

