



ROGER SOLOMON, PHD

Dr. Roger Solomon is a world-renowned psychologist and psychotherapist specializing in the areas of trauma and grief. He is on the Senior Faculty of the EMDR (Eye Movement Desensitization and Reprocessing) Institute and provides basic and advanced EMDR training internationally. He currently consults with the US Senate, NASA and several law enforcement agencies.

Dr. Solomon has provided clinical services and training to the FBI, Secret Service, U.S. State Department, Diplomatic Security, Bureau of Alcohol, Tobacco, and Firearms, U.S. Department of Justice (U.S. Attorneys), and numerous state and local law enforcement organizations.

Internationally, he consults with the Polizia di Stato in Italy. Moreover, Dr. Solomon has planned critical incident programs, provided training for peer support teams and has provided direct services following such tragedies as Hurricane Katrina, September 11 terrorist attacks, the loss of the Shuttle Columbia, and the Oklahoma City Bombing.

Dr. Solomon has expertise in complex trauma, and collaborates with Onno van der Hart, Ph.D., and others on utilization of EMDR as informed by The Structural Dissociation of the Personality (TDSP). He has authored 42 articles and book chapters pertaining to grief, trauma, complex trauma and dissociation, and law enforcement.

THE EMDR INSTITUTE OF DR FRANCINE SHAPIRO

ADDRESSING ATTACHMENT ISSUES IN ADULTS AND CHILDREN THROUGH THE 8 PHASES OF EMDR THERAPY: PUTTING ATTACHMENT THEORY INTO PRACTICE

**PRESENTED BY
ROGER SOLOMON, PHD
DEBRA WESSELMANN, LIMHP**

**Live, Interactive
2-Day Virtual Training
November 15-16, 2024
Central Time
8:30AM-5:00PM
14 CE Credits**



**Register at
www.EMDR.com**

(831) 761-1040
P.O. Box 750
Watsonville, CA 95077



DEBRA WESSELMANN, LIMHP

Debra Wesselmann, LIMHP, is an author, mental health therapist, researcher and expert in attachment trauma. She has been working with adults, children, and families struggling with issues related to attachment and trauma for nearly 30 years.

She is an EMDR Institute trainer, facilitator and consultant, on the editorial board for The Journal of EMDR Practice and Research, and an author or co-author of several articles, chapters, and books, including two chapters with Francine Shapiro, Ph.D., the founder of EMDR therapy. She presents workshops, nationally and internationally, and is highly regarded in the field of treatment of attachment and trauma in children and adults, adoption, and parenting,

Wesselmann is the co-author of *Integrative Team Treatment for Attachment Trauma in Children* (W. W. Norton & Company, 2014) and author of *The Whole Parent: How to Become a Terrific Parent Even if You Didn't Have One* (Perseus, 1998).

ADDRESSING ATTACHMENT ISSUES IN ADULTS AND CHILDREN THROUGH THE 8 PHASES OF EMDR THERAPY: PUTTING ATTACHMENT THEORY INTO PRACTICE

COURSE DESCRIPTION

Participants will develop an understanding of the patterns of attachment, their impact on relationships and mental health, and implications for the 8 phases of EMDR Therapy. Participants will gain practical EMDR phase 1-8 methods specific to improving attachment security with children and adults and stopping intergenerational transmission of non-secure and disorganized attachment patterns. Video footage will illustrate the methods.

RESEARCH

Current research is limited to the application of EMDR to trauma-related disorders.

TOPICS INCLUDE

The Human Dilemma

- Inborn need to connect/attach (safety)
- Connection can be dangerous
- Hyperarousal / hypoarousal of the nervous system determines attachment style
- Attachment style results from myriad of child[1]caregiver interactions

Adaptive Information Processing (AIP) Model

- Present problems result from experiences maladaptively stored in the brain
- Attachment based experiences can create vulnerability to later distressing experiences
- Past (e.g. attachment based memories) drive present triggers, and lay down future template
- EMDR therapy can reprocess maladaptively stored memories relating to attachment

Putting Attachment Theory into Practice

- EMDR therapy adaptations related to attachment patterns throughout the 8 phases
- Application of EMDR therapy with struggling parents
- Application of EMDR therapy to improve attachment patterns between children and parents

LEARNING OBJECTIVES

Participants will be able to:

- Identify clues to secure, non-secure, and disorganized attachment patterns in adults and children.
- Apply modifications for non-secure and disorganized attachment patterns within the 8 phases of EMDR Therapy.
- Apply EMDR resource development methods to increase parents' capacity for empathy and compassion toward their children.
- Identify common NCs with dismissive adults and avoidant children.
- Identify common NCs with preoccupied adults and ambivalent children.
- Identify common NCs with disorganized adults and children.
- Describe how to prompt parents with appropriate questions to elicit messages of love as an Attachment Resource Development activity with children and parents.
- Demonstrate how to introduce a "safe place for baby" resource activity with children using drawing materials or sand tray.
- Name at least three "empowerment interweaves" to utilize during EMDR reprocessing with children.
- Implement a float back with a parent, starting with a present-day triggering parenting situation.
- Name at least 3 characteristics of therapists who provide an emotionally corrective therapeutic experience for non-secure clients.
- Identify the "seemingly small" but impactful attachment-based memories that underlie current difficulties.

DETAILED SCHEDULE

DAY 1

8:00-8:30 Check in

8:30-10:30 Attachment and AIP model / Strange Situation classifications

10:30-10:45 BREAK

10:45-12:00 Adult Attachment Interview classifications / What we see and hear in therapy

12:00-1:00 LUNCH

1:00- 2:30 Intergenerational transmission of attachment patterns / Child and parents patterns-what we see in therapy-common NCs

2:30-2:45 BREAK

2:45-4:30 Earned secure attachment, Internal Working Model, mirroring, and attunement-Intergenerational transmission of attachment-implications for EMDR Therapy

4:30-5:00 Q & A

DAY 2

8:00-8:30 Check-in

8:30-10:30 Implications for EMDR therapy, the 8 phases (with videos)

10:30-10:45 BREAK

10:45-12:00 EMDR Therapy Preparation Phase with Parents (with videos)

12:00-1:00 LUNCH

1:00- 3:00 EMDR Therapy preparation phase with parents and children toward secure attachment, reprocessing phases with children with non-secure and disorganized attachment (with videos)

3:00-3:15 BREAK

3:15-4:30 EMDR reprocessing phases with children - Reflecting upon our own patterns and mindful attunement in the therapy office - Practicum activity for therapists

4:30-5:00 Q & A

REQUIREMENTS

Completion of an EMDRIA Approved Basic Training. If you did not receive your EMDR Basic Training form the EMDR Institute, please submit proof of completion (certificate of completion) of an EMDRIA Approved Basic Training.

CONTINUING EDUCATION

NBCC: EMDR Institute has been approved by NBCC as an approved ACE Provider, ACEP #5558. Programs that do not qualify for NBCC credit are clearly identified. EMDR Institute is solely responsible for all aspects of the program.

APA: EMDR Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. EMDR Institute maintains responsibility for these programs and their contents.

RN: EMDR Institute, Inc. is a provider approved by the California Board of Registered Nursing. Provider #9755 for 14 contact hours.

NYSW: EMDR Institute is recognized by the NY State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0125. Approval period: 4/30/21-4/30/24. 14 contact hours.

EMDR International Association: EMDR Institute, Inc. offers an EMDRIA approved training. #99003-156

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FEES

- US \$350 Register by October 25
- US \$425 Register after October 25
- Nonprofit: \$50 discount
- 21+ days prior - transfer or full refund
- 1-20 days prior - transfer or refund; \$50 fee
- Day of / no show - transfer only; \$75 fee

PLEASE NOTE

- Zoom link and training resources will be sent to registered participants the week of training
- 14 CE Credits / certificate will be provided upon successful completion of quiz following training
- 2-day attendance is mandatory for CE Credits

CONTACT US

- Registration: HeidiHarris@emdr.com
- Training Resources, Quiz/CEU certificate: PamHudson@emdr.com
- Phone: 831.761.1040



Register at
www.EMDR.com