

TRANSGENERATIONAL TRANSMISSION OF TRAUMA AND RESOURCES (TTTR) AND EMDR THERAPY

PRESENTED BY:
ANDRÉ MAURÍCIO MONTEIRO, PHD



COURSE DESCRIPTION

Participants will develop an understanding of how transgenerational transmission of traumas and resources (TTTR) aligns with EMDR Therapy.

They will follow how TTTR principles dovetail with the phases of the Standard Protocol.

TTTR expands the AIP model beyond individual history, thus amplifying case conceptualization, by including dysfunctional information from previous generations as relevant for current mental health.

During this workshop, a series of protocols/ procedures will be explained in detail, with participants having the option to join some of the practical interventions, each person according to their rhythm.

Video footage will also illustrate some of the interventions.

Resolving the Echoes of the Past via Present-Day Clinical Work

**Live, Interactive
1-Day Online Training
October 10, 2026
Central Time
8:00AM-5:00PM
7 CE Credits**



EMDR Institute, Inc.
Founded By Francine Shapiro, PhD

André Maurício Monteiro has been interested in Transgenerational Transmission of Trauma and Resources and EMDR Therapy since 1995. André holds a Doctorate in Psychology and took EMDR Basic Training in 2000.

He became an EMDR Institute Trainer in 2007 and a Trainer of Trainers in 2011. He is a Trainer of Trainers for EMDR Alliance for Latin America and the Caribbean (ALAC) since its founding. André is co-founder and current president of the Brazilian EMDR Association, and teaches regularly in Portugal, having become an EMDR Europe Senior Trainer in 2013, and an honorary member of the EMDR Portuguese Association.

He co-represents the Brazilian EMDR Association at the directive board of ALAC, and co-represents ALAC at the directive board of the EMDR Global Alliance: The International Society for EMDR Therapy (EGA), where he was 2025 Chair.

André has presented on TTTR at EMDR Conferences, such as EMDRIA, Brazil, Europe and Canada, and workshops in several cities in Brazil, Portugal, USA, Chile, Argentina, Mexico and Uruguay. He also presents and teaches on EMDR and group psychotherapy.

LEARNING OBJECTIVES

- List key indicators of transgenerational trauma transmission in clinical presentations (e.g., repetition patterns, silences, unresolved grief).
- Describe the TTTR-informed expansion of the AIP model and its implications for EMDR case conceptualization.
- Explain how explicit and implicit memories contribute to the transmission of trauma and resources across generations.
- Discuss common clinical scenarios in which transgenerational dynamics may be present but not immediately evident.
- Analyze family history data to identify patterns of trauma, resilience, and relational dynamics across generations.
- Apply genogram mapping to organize and visualize transgenerational patterns relevant to the client's current symptoms.
- Select appropriate TTTR-informed interventions based on clinical presentation and treatment phase.
- Demonstrate the use of at least one stabilization strategy focused on installation of family strengths or protective figures.
- Use structured questioning (positive, neutral, and challenging questions) to access transgenerational material during history taking.
- Design a TTTR-informed target sequencing plan integrating both individual and transgenerational elements.
- Compare individual trauma-focused EMDR conceptualization with TTTR-informed conceptualization in complex cases.
- Critique the suitability and timing of transgenerational interventions within the EMDR treatment process.

SCHEDULE

8:00 – 8:30 Check in

8:30 – 9:00 | Opening & Contextualization

- Workshop introduction and objectives
- Alignment of expectations
- Introduction to TTTR concepts
- Clinical landscape (unclear complaints, biographical gaps, persistent symptoms)

9:00 – 10:00 | Expanded AIP & Transgenerationality

- Review of the AIP model
- Dysfunctional memory networks
- Expanding AIP beyond childhood experiences
- Introduction to transgenerational dynamics (vertical and horizontal lines)

10:00 – 10:15 | Break

10:15 – 11:15 | Clinical Presentations & Identifying TT

- Types of transmission:
- Violence, war, migration, poverty, family secrets
- Explicit vs. implicit memories
- Clinical indicators of transgenerational transmission
- Client selection criteria

11:15 – 12:00 | History Taking & Genogram

- Clinical questioning (positive, neutral, challenging)
- Introduction to the genogram as a central tool
- Identifying repetitive family patterns

12:00 – 1:00 | Lunch Break

SCHEDULE (CONT.)

1:00 – 2:00 | Transgenerational Resources (TTRDI)**

- Installation of family-based resources
- Family pillar concept
- Family strengths (resilience, belonging)
- Guided experiential exercise (light practice)

2:00 – 3:00 | TTTR Protocols

- Family representative
- Family pictures
- Family spatial positioning
- Clinical discussion + brief practice

3:00 – 3:15 | Break

3:15 – 4:15 | TTTR Protocols – Part 2

- Name reprocessing
- Family coat of arms
- Parental Differential Treatment (Darling Scale)
- Family sayings

4:15 – 4:45 | Clinical Integration

- “Returning Damaged Goods”
- Differentiation: what belongs to the self vs. the family system
- Integration into EMDR treatment planning

4:45 – 5:00 | Closure

- Re-evaluation (Phase 8)
- Key insights and takeaways

EMDR Institute maintains responsibility for this program and its contents

REQUIREMENTS

Completion of an EMDRIA Approved Basic Training. If you did not receive your EMDR Basic Training from the EMDR Institute, you will be asked to provide proof of completion (certificate of completion) of an EMDRIA Approved Basic Training.

CONTINUING EDUCATION

NBCC: EMDR Institute has been approved by NBCC as an approved ACE Provider, ACEP #5558. Programs that do not qualify for NBCC credit are clearly identified. EMDR Institute is solely responsible for all aspects of the program.

APA: EMDR Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. EMDR Institute maintains responsibility for these programs and their contents.

RN: EMDR Institute, Inc. is a provider approved by the California Board of Registered Nursing. Provider #9755 for 7 contact hours.

NYSW: EMDR Institute is recognized by the NY State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0125. Approval period: 4/30/2024-4/30/2027. 7 contact hours.

EMDRIA: EMDR Institute is an EC Provider (#99003) and this program (163) is approved for 7 EMDRIA Credits. Eligibility for EMDRIA Credits is restricted to those who have completed an EMDRIA-Approved Basic EMDR Training.

Expanding EMDR Case Conceptualization Through a Transgenerational Lens



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FEES

- Licensed US \$200
- Nonprofit/students: US \$175
- 21+ days prior - full refund
- 1-20 days prior - refund; \$50 fee
- Day of / no show - refund; \$75 fee

PLEASE NOTE

- Zoom link and training resources will be sent to registered participants the week of training
- 7 CE Credits / certificate will be provided upon successful completion of quiz following training
- All-day attendance is mandatory for CE Credits

CONTACT US

- Registration: registration@emdr.com
- Phone: 831.761.1040

RESEARCH

Current research is limited to the application of EMDR to trauma-related disorders.

REGISTER

**Register at www.EMDR.com
831.761.1040**