



## **EMDR Institute Participant Agreement (2026)**

### **General Information**

**Please Note:** Audio or video recording of any part of the training is strictly prohibited.

1. Case material presented (didactically or via video/DVD) may be disturbing to some individuals.
2. These experiential workshops are intended for **educational and research purposes only**.
3. Participation in this training does **not** qualify participants to train others in EMDR therapy.
4. This Participant Agreement applies to both **Weekend 1 (W1)** and **Weekend 2 (W2)** training.

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### **Virtual Training Requirements**

**Please Note:** Participants must remain on camera and logged into Zoom throughout the training, except during scheduled breaks and lunch.

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### **Confidentiality Requirements**

To ensure confidentiality, participants must:

1. Maintain professional conduct and confidentiality at all times.
2. Be alone in a private, secure space, free from interruptions and distractions.
3. Virtual backgrounds are not permitted under HIPAA policies.

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### **Participant Eligibility & Attendance Requirements**

**Please Note:** Participants must meet one of the following criteria:

- Be licensed in a mental health field, **OR**
- Be pre-licensed, have completed master's-level coursework, currently be on a licensing track, and be supervised by a licensed clinician (with a supervisor's letter on file with the EMDR Institute).

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### **Training Completion Requirements**

1. Complete the full two-part training, including **10 hours of case consultation**, within **12 months** of the Weekend 1 start date to receive a Certificate of Completion.
  2. Attend all training sessions and actively participate in experiential practice exercises across all three days.
  3. Check with your therapist before participating if currently in personal therapy.
  4. Make special arrangements with the EMDR Institute prior to training if diagnosed with a dissociative disorder.
  5. Consult your medical professional before participating if you have any limitations or special medical conditions that may affect your ability to participate safely and effectively.
  6. Contact the EMDR Institute if special accommodations are required.
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## Afternoon Practicum Exercises and Triad Requirements

**Please Note:** Experiential practicum exercises are for educational purposes only and are not a substitute for personal therapy.

1. Participate in clinician, observer, and client roles.
2. Participants will use a personal issue when participating in the client role.  
Therefore, participants are intentionally placed in triads **separate from colleagues or friends**.
3. Be aware that target memories may trigger unexpected or disturbing material. Processing may continue beyond the training, including dreams or emerging memories. Participants are responsible for seeking appropriate support if needed. This support is not provided as part of the training.
4. Participants interested in continuing personal EMDR work may request referral information from the EMDR Institute.

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## 10 Hours of Case Consultation Requirements

**Please Note:** Consultation must focus on actual client cases, not practicum experiences.

1. You will discuss your EMDR client cases with the consultant to reinforce successful implementation of EMDR therapy with clients.
2. All consultation hours must be completed with an EMDR Institute facilitator/consultant. **Note:** *Consultation hours completed with a consultant who is not an Institute facilitator/consultant will not be accepted.*
3. All EMDR Institute facilitators are EMDRIA-approved consultants.
4. A list of approved facilitators is available on the EMDR Institute Training Resource Page and in training manuals.
5. A total of **10 consultation hours** is required:
  - 5 hours after Weekend 1
  - 5 hours after Weekend 2
6. Documentation of the first 5 hours of consultation is required for admission to Weekend 2.
7. A Consultation Sign-Off Form will be provided after both training weekends.

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## Certificates

**Please Note:**

- **Continuing Education Certificates (20 CE credits)** will be issued after each training weekend upon completion of required evaluations and quizzes.
- A **Certificate of Completion** will be issued only after:
  - Completion of both Weekend 1 and Weekend 2 training, **and**
  - Completion of all 10 consultation hours with an approved EMDR Institute facilitator/consultant.

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## Cancellation Terms & Conditions

**Please Note:** Contact the EMDR Institute directly to make arrangements.

- **21+ days prior to training:** \$50 fee (transfer or cancellation)
- **20 days or less prior to training:** \$100 fee (transfer only; no refunds)
- **Day of training / No-show:** \$150 fee (transfer only; no refunds)

*Note: You will be asked to sign an electronic copy of this during the registration process*