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The Handbook is ideal for all clinicians, regardless of training or orientation, who wish to broaden their scope and increase their therapeutic effectiveness in the treatment of individuals, couples, and families.

Francine Shapiro, PhD, is the originator and developer of EMDR and a Senior Research Fellow at the Mental Research Institute, Palo Alto, California. She is a recipient of numerous honors including the International Sigmund Freud Award of the City of Vienna for distinguished contribution to psychotherapy, and has authored more than 60 articles, chapters, and books about EMDR.

Florence W. Kaslow, PhD, ABPP, is Director of the Florida Couples and Family Institute. She has been president of various organizations including the International Family Therapy Association, American Board of Family Psychology, and two divisions of APA. She has received numerous awards from APA, AAMFT, and ABPP and has authored over 200 books, chapters, and articles.

Louise Maxfield, PhD, is a psychologist at the London Health Sciences Centre, Canada. She is an Assistant Professor in the Department of Psychiatry at the University of Western Ontario and an Adjunct Professor in the Psychology Department at Lakehead University. The recipient of numerous awards for her research, she is the founding editor of the Journal of EMDR Practice and Research.

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