



2023

The EMDR Institute
Training Schedule

Founded by Dr. Francine Shapiro

Date	Event Name	Trainer	Time Zone	Early-Bird Cut-Off Date
1/6 - 1/8	Weekend Two	Rosalie Thomas	Pacific	12/16/22
1/6 - 1/8	Weekend One	Katy Murray	Central	12/16/22
1/6 - 1/8	Weekend Two	Mark Nickerson	Eastern	12/16/22
1/20 - 1/22	Weekend One - Child	Debra Wesselmann or Carolyn Settle	Central	12/30/22
1/27 - 1/29	Weekend One	Alicia Avila	Mountain	1/6/23
1/27 - 1/29	Weekend One	Wendy Freitag	Eastern	1/6/23
2/3 - 2/5	Weekend One	Alicia Avila	Pacific	1/13/23
2/3 - 2/5	Weekend One	Mark Nickerson	Central	1/13/23
2/3 - 2/5	Weekend Two - Child	Debra Wesselmann	Central	1/13/23
2/24 - 2/26	Weekend Two	Alicia Avila	Mountain	2/3/23
2/24 - 26	Weekend Two	Judy Cabeceiras	Eastern	2/3/23
3/3 - 3/5	Weekend Two	Alicia Avila	Pacific	2/12/23
3/3 - 3/5	Weekend One - Child	Carolyn Settle	Mountain	2/12/23
3/3 - 3/5	Weekend Two	Wendy Freitag	Central	2/12/23
3/31 - 4/2	Weekend Two	Alicia Avila	Mountain	3/10/23
3/31 - 4/2	Weekend One	Mark Nickerson	Eastern	3/10/23
4/14 - 4/16	Weekend One	Katy Murray	Pacific	3/24/23
4/14 - 4/16	Weekend One	Wendy Freitag	Central	3/24/23
4/28 - 4/30	Weekend One	Katy Murray	Mountain	4/7/23
4/28 - 4/30	Weekend Two	Judy Cabeceiras	Eastern	4/7/23
5/5 - 5/7	Weekend Two	Katy Murray	Pacific	4/14/23
5/5 - 5/7	Weekend Two	Judy Cabeceiras	Central	4/14/23
5/19 - 5/21	Weekend One	Alicia Avila	Pacific	4/28/23
5/19 - 5/21	Weekend Two - Child	Carolyn Settle	Central	4/28/23
5/19 - 5/21	Weekend One	Judy Cabeceiras	Eastern	4/28/23
6/2 - 6/4	Weekend One	Rosalie Thomas	Pacific	5/12/23
6/2 - 6/4	Weekend Two	Wendy Freitag	Eastern	5/12/23
6/9 - 6/11	Weekend Two	Rosalie Thomas	Mountain	5/19/23
6/9 - 6/11	Weekend One - Child	Debra Wesselmann	Central	5/19/23
6/9 - 6/11	Weekend Two	Judy Cabeceiras	Central	5/19/23
6/23 - 6/25	Weekend Two	Alicia Avila	Pacific	6/2/23
6/23 - 6/25	Weekend One	Wendy Freitag	Central	6/2/23
7/14 7/16	Weekend Two	Katy Murray	Pacific	6/23/23
7/14 7/16	Weekend Two - Child	Carolyn Settle	Mountain	6/23/23
7/14 - 7/16	Weekend Two	Wendy Freitag	Central	6/23/23

7/21-7/23	Weekend Two	Wendy Freitag	Eastern	9/1/23
7/28 - 7/30	Weekend One	Alicia Avila	Mountain	7/7/23
7/28 - 7/30	Weekend One	Judy Cabeceiras	Eastern	7/7/23
8/11 - 8/13	Weekend One	Katy Murray	Pacific	7/21/23
8/11 - 8/13	Weekend One	Wendy Freitag	Central	7/21/23



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9/8 - 9/10	Weekend Two	Rosalie Thomas	Pacific	8/18/23
9/8 - 9/10	Weekend One - Child	Carolyn Settle	Mountain	8/18/23
9/8 - 9/10	Weekend Two	Judy Cabeceiras	Eastern	8/18/23
9/22 - 9/24	Weekend Two	Alicia Avila	Mountain	9/1/23
9/29 - 10/1	Specialty	Roger Solomon	Central	9/8/23
9/29 - 10/1	Weekend One	Mark Nickerson	Eastern	9/8/23
10/13 - 10/15	Weekend One	Rosalie Thomas	Pacific	9/22/23
10/13 - 10/15	Weekend Two - Child	Debra Wesselmann	Central	9/22/23
10/20 - 10/22	Weekend One	Rosalie Thomas	Mountain	9/29/23
10/20 - 10/22	Weekend One	Mark Nickerson	Central	9/29/23
10/27 - 10/29	Weekend Two	Katy Murray	Mountain	10/6/23
10/27 - 10/29	Weekend Two	Judy Cabeceiras	Eastern	10/6/23
11/3 - 11/5	Weekend Two	Katy Murray	Pacific	10/13/23
11/3 - 11/5	Weekend One - Child	Carolyn Settle	Central	10/13/23
11/3 - 11/5	Weekend Two	Mark Nickerson	Central	10/13/23
11/17 - 11/19	Specialty	Roger Solomon	Central	10/27/23
11/17 - 11/19	Weekend One	Judy Cabeceiras	Eastern	10/27/23
12/1 - 12/3	Weekend One	Alicia Avila	Pacific	11/10/23
12/1 - 12/3	Weekend Two - Child	Debra Wesselmann	Mountain	11/10/23
12/1 - 12/3	Weekend One	Wendy Freitag	Central	11/10/23
12/8 - 12/10	Weekend One	Katy Murray	Mountain	11/17/23
12/8 - 12/10	Weekend Two	Mark Nickerson	Eastern	11/17/23



For information about the EMDR Institute and our trainings, please visit www.EMDR.com or call 831-761-1040.